

# Porridge

## Ingredients:

- 1/2 cup of rolled oats
- 1 cup of milk or water
- 1 tbsp of honey
- 1 tsp of cinnamon
- Any toppings of your choice



## Instructions:

- In a bowl mix oats and water or milk.
- Microwave for 2-3 minutes, stir halfway through, and check if it has thickened.
- If it's too thick, add a splash of milk or water. If it's too thin, cook or microwave it for another 30 seconds to 1 minute.
- Stir in honey and cinnamon.
- Add any toppings of your choice e.g. yoghurt, fruit, maple syrup, or granola

